## The Season of Stuck

Pastor Dayton Dodge | December 31, 2017

## **Discussion Questions**

- 1. What's your New Year's resolution for 2018? How long does it usually take for your willpower to fade?
- 2. How do you cope? What crutches do you use to prop up your identity? Do you try harder or do you escape into distraction? How do you see God stripping away your coping mechanisms?
- 3. Take a moment individually to ask the Holy Spirit to bring to mind everyone you are harboring unforgiveness toward. Read Leviticus 19:18 and Colossians 3:12–15. Discuss what forgiveness looks like. What might your next steps toward forgiveness be?
- 4. Sometimes the sins we commit are coping mechanisms, dealing with the pain from a deeper wound. What keeps you from moving beyond these symptoms to the source of the pain?
- 5. How might your pain become a platform to share the gospel with someone who is hurting? Share a story about a time when God has done this. Read Ephesians 2:14–21. Take time together to pray for God's ongoing project of restoration to the glory of His name!

Message notes available at newhopechurchmn.org/messages.

## January 7

Compelled by Christ's Love, 2 Corinthians 5:14–15, Pastor Matthew St. John